

the Lord, the giver of life,  
who proceeds from the Father  
and the Son,  
who with the Father and the Son  
is adored and glorified,  
who has spoken  
through the prophets.

I believe in one, holy, catholic  
and apostolic Church.  
I confess one baptism  
for the forgiveness of sins  
and I look forward to the  
resurrection of the dead and  
the life of the world to come. Amen.

## INTERCESSIONS FOR THE WORLD

- † Church
- † Leaders
- † Those in particular need
- † Personal needs
- † Deceased

## LORD'S PRAYER

## SPIRITUAL COMMUNION

*Spiritual Communion is a Christian practice  
of desiring union with Jesus Christ  
in the Holy Eucharist.*

St Thomas Aquinas has defined this as  
“**an ardent desire to receive Jesus in the  
Most Holy Sacrament** [in Communion at  
Mass] **and in lovingly embracing Him  
as if we had actually received Him.**”  
Compose yourself as you would at Mass,  
desire the Lord's presence in spirit, pray  
in thanksgiving for the gift of the Lamb of  
God, and receive the graces as if you had  
been able to partake in Holy Communion.

## BLESSING

May the Lord bless us, †  
protect us from all evil,  
and bring us to everlasting life.  
Amen.



## Prayer in the Home

**SUNDAY** The Church has gathered on Sunday from the earliest days. Sacred Scripture speaks of Sunday as the 1<sup>st</sup> day of the week, the day for the community to gather. (Acts 20:7, 1 Cor 16:2) This 1<sup>st</sup> day of the week is associated with their experience of the risen Lord, the day of Resurrection, the day Christ appeared to his disciples, the day He ‘breathed on them and said to them, “Receive the Holy Spirit.”’ (Mt 28:1, Mk 16:2, Lk 24:1, John 20:1)

When one cannot gather with the parish community, due to one's own frail health or for serious reason, the prayer of the Church continues to have a sacramental power and influence which strengthens Christian life.

If you are unable to join the community and a minister is unable to come to you, join your prayer to that of the Church.

## SIGNING †

In the name of the Father, and of the Son,  
and of the Holy Spirit. Amen.  
May the peace of Christ rest upon  
all in this household. Amen.

## PENITENTIAL REFLECTION

Conversion requires that we lose the life  
we love, and choose the life God offers in  
the dying and rising of Jesus

*How has God been present to me  
and how have I responded?*

*How can I respond more generously  
to God's call to faithfulness?*

For the times when we have failed  
to love God and to love another,  
I ask God for forgiveness.

Lord have mercy,

Christ have mercy,

Lord have mercy.

God of compassion, you take every family  
under your care and know our physical  
and spiritual needs. Transform our  
weakness by the strength of your grace  
and confirm us in your covenant so that  
we may grow in faith and love. Through  
Christ, the Lord. Amen.

## WORD OF THE LORD

The Church has always venerated the  
divine Scriptures just as she venerates  
the body of the Lord... For in the sacred  
books, the Father who is in heaven meets  
His children with great love and speaks  
with them; and the force and power in the  
word of God is so great that it stands as  
the support and energy of the Church, the  
strength of faith for her children, the food of  
the soul, the pure and everlasting source of  
spiritual life. "For the word of God is living  
and active" (Heb. 4:12) and "it has power to  
build you up and give you your heritage  
among all those who are sanctified" (Acts  
20:32; see 1 Thess. 2:13). *Dei Verbum 21*

God's word, listened to and celebrated,  
above all in the Eucharist, nourishes and  
inwardly strengthens Christians.

*Evangelii Gaudium 174*

Pray with Sacred Scripture

Daily Readings: <https://chchcatholic.nz/>

Philippians 3:20

Psalm 23: *Even though we walk  
in the dark valley, we fear no evil  
for you O God are with us giving us courage.*

John 4:5-42            Luke 1:26-38

John 9:1-41            John 11:1-45

Luke 24:1-12            John 20:1-18

Luke 24:12-35            John 21:1-19

## PROFESSION OF FAITH NICENE CREED

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.  
I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,

*At the words that follow, up to and  
including and became man, all bow.*

and by the Holy Spirit  
was incarnate of the Virgin Mary,  
and became man.  
For our sake he was crucified under  
Pontius Pilate, he suffered death  
and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated  
at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom  
will have no end.  
I believe in the Holy Spirit,